How to...



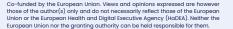


- #2 Use them as a reference guide when discussing mental health and psychosocial care with patients, survivors, families, carers, colleagues or teachers.
- #3 Share the cards and information with others to raise awareness and start conversations about the importance of mental health support during and beyond childhood, adolescent and young adult cancer.
- Visit the website provided on the cards to access more resources and in-depth information on mental health and psychosocial care. Join our platform to connect with others.
- Use the spare space on the respective card to write down any notes or important contact details related to mental health services or support networks.

beatcancer.eu









Imprint

All pocket cards were developed within the European Network of Youth Cancer Survivors and revised in collaboration with patient advocates and healthcare professionals.. The main responsibility was shared between Childhood Cancer International - Europe and the Medical University of Vienna. The content makes no claim to completness. Last revision in July 2024.

10 Keypoints on Mental Health:

Liesa J. Weiler-Wichtl, Clinical psychologist, Austria

Talking about serious matters:

Ulrike Leis, Clinical psychologist, Austria Sources: Damm, L. et al., 2015; Stein, A. et al., 2019; Stivers, T., 2012; Skeen, J.E., & Webster, M.L., 2014

Do's and Don'ts in communication:

Oriana Sousa, Psychologist & patient advocate, Portugal

The social dimension:

Kerstin Krottendorfer, Clinical social worker, Austria Tiago Pinto da Costa, Patient advocate, Portugal

Education Support:

Anna Zettl, Patient advocate Austria, Anika Rupprecht, Psychologist, Austria Ulrike Leiss, Clinical psychologist, Austria

Career Support:

Anna Zettl, Patient advocate Austria, Anika Rupprecht, Psychologist, Austria Ulrike Leiss, Clinical psychologist, Austria

Neuropsychology:

Ulrike Leiss, Clinical psychologist, Austria

Fear and hope:

Hannah Gsell, Patient advocate, Austria Ulrike Leiss, Clinical psychologist, Austria

Grief and depression:

Alied van der Aa, Psychologist, Netherlands

My right to grieve:

Content adapted from Ayse Bosse (2015)



Co-funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Health and Digital Executive Agency (HaDEA). Neither the European Union nor the granting authority can be held responsible for them.

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