

Hey!

Let's make Career Support a priority



What's needed?

Young people living with and beyond cancer may face restrictions in their careers due to their disease, treatment or late effects.

Very often they are under- or overestimated due to the lack of knowledge of others and may therefore end up in inappropriate work situations

! Continuous surveillance and **long-term** support in follow-up care...

... for young people living with and beyond cancer, their caregivers & employers

! **Easy access** to meaningful information on all legal and practical support options

! Dedicated professionals in follow-up care with the necessary **knowledge, skills and time** resources to coordinate communication

... between young person/family, workplace, healthcare team and career support providers

! **Peer-support** programmes

i Find keypoints for career support on the back

i Find support material in different languages on: **beatcancer.eu**



Contact/Notes



Key points on vocational support

TRANSPARENT: plan and discuss support options **TOGETHER.** Communicate with all parties involved.

(young person, carers, employers, colleagues, career support providers)

EMOTIONAL & SOCIAL SUPPORT: Focus not only on performance. Allow feelings of e.g. uncertainty, fear of being different & grieving about initial plans. Consider social situation. Prevent bullying.

Goal

Vocational situation that suits abilities, personality, passion and future plans

NORMALITY wherever possible
- **SUPPORT** wherever needed

Get clear overview of work-related **STRENGTHS & DIFFICULTIES.**

e.g. through neuropsychology or occupational medicine



#1

Cope with limitations - benefit from strengths

#4

Clarify **LEGAL ISSUES:** employment and social law.

#3

PERSON-CENTERED support: tailored measures & adaptations to individual needs. Consider bio-psycho-social background and **PLAN AHEAD.**

#2

Analyse **WORKING CONDITIONS** to identify where adaptations can be made.

- ✓ Adjustment of working hours
- ✓ Framework conditions or type of activity
- ✓ Provision and use of appropriate tools & aids
- ✓ Room for rest & more...