



EU-CAYAS-NET

Peer Visit

Istituto Nazionale dei Tumori
Milan, Italy

14–18 May 2023





Hello and welcome to the EU-CAYAS-NET project's first Peer Visit!

We look forward to seeing you in gorgeous Milan, the home of Leonardo da Vinci's Last Supper, Opera La Scala and amongst many other great things... Istituto Nazionale dei Tumori, the host institution for our research project.

We hope the information on the following pages will help you plan your journey. If you have any questions, don't hesitate to reach Ana Totovina +40729973947 or Elena Arsenie-Constantinescu +40757049285 on WhatsApp. We're here to help!

Programme outline

14 May, Sunday: Arrivals

15 – 16 May, Monday–Tuesday: Peer Visit Istituto Nazionale dei Tumori

17 May, Wednesday: External Peer Meetings

18 May, Thursday: Departures

Peer Visit Venue

Istituto Nazionale dei Tumori, Via Giacomo Venezian, 1

Acommodation

Hotel Information and Nearby Public Transport Stops

Hotel: Best Western Air Hotel Milano Linate

Address: Via Francesco Baracca 2, Milan

Best Western Air Hotel Milano Linate is a comfortable and modern hotel, conveniently located just a short distance from the Milan Linate Airport. The hotel offers a range of amenities, including free Wi-Fi, a fitness center, a restaurant, and a bar. The rooms are well-equipped with air conditioning, flat-screen TVs, and minibars to ensure a pleasant stay for all guests.

Public Transport Stops Near the Hotel

- 1. Linate Aeroporto M4 Metro Station:** The closest metro station to the hotel is “Linate Aeroporto” on the M4 Blue line, situated just a few minutes’ walk from the hotel. This metro line provides easy access to various parts of Milan, including the Istituto Nazionale dei Tumori, which can be reached by getting off at “Argonne” station.
- 2. Bus Stops:** There are several bus stops near the hotel, providing additional options for getting around Milan. Bus routes serving the area include:
 - Route 73: This bus route connects the hotel area with the city center, passing by various points of interest along the way.
 - Route X73: This express bus route offers a faster connection between the Linate Airport area and the city center.
 - Route 923: This bus route connects the hotel area with the nearby San Donato Milanese.

To plan your journey using public transport, we recommend using the ATM Milano Official App (you can download it from App Store/Google Play Store/AppGallery) or Google Maps, which provide up-to-date information on routes, schedules, and ticket prices.



POF (Peer Observation Form)

POF is structured in two categories:

- Observation Questions
- Interview Questions

We separate the questions into two categories, but every question can be asked in both categories. If you want to ask a question that is not included in the POF, feel free to do it.

How to complete the POF

1. Please read the POF before the visit to the Hospital.
2. During the peer visit take notes directly on the POF, or in an agenda. It is up to you how you want to take notes, as long as at the end of the Peer Visit all your observations will be uploaded on the Online POF.
3. Complete the Online POF, right after the Peer Visit. Your memory will be fresh and you will not forget the important details and information.
4. Now you are done. Enjoy the rest of your time in Milan!

Participants



Ana Totovina



Colette Ryan



Cristina Trifulescu



Elena Arsenie-Constantinescu



Erik Stureson



Iva Korović



Katie Rizvi



Magdalena Jaworska



Massimo Guglielmi



Nicola Unterecker



Oriana Sousa



Sophia Sleeman



Tim Van Hoorenbeke



Urška Košir



Varduhi Sargsyan



Victor Girbu

Getting to and from Air Hotel Linate & getting around in Milan

Milan Linate Airport

Air Hotel Milano Linate (Via Francesco Baracca 2) is located 17 minutes by walk from Milan Linate airport.

After you collect your luggage, you must call the hotel at 02 94436500/02 94436522 and go to the 1st floor (departures), exit 4 and wait.

The journey of the shuttle is only 700 meters and is covered in 3 minutes.

Transport back to the airport

The hotel shuttle operates every day, from 04:30 to 00:30, with a simple call from the lobby, for customers departing for the Milan Linate Airport.

Bergamo Airport

Air Hotel Milano Linate (Via Francesco Baracca 2), can be easily reached from the Bergamo Airport (Orio al Serio) via public transport.

The participants that are landing at Bergamo Airport received on email an e-ticket for a bus transfer from the Airport to the center of the city. All the details of the meeting point and schedule of the buses are in there.

Don't forget to print your ticket ahead of the ride!

From the place where the bus will let you, take the 60 or 92 bus and get off at DATEO metro station. Then get the M4 Blue line metro towards "Linate Aeroporto." Alight at "Linate Aeroporto" station, and the hotel is just a short walk away.

Transport back to the airport

Take M4 Blue line metro from "LINATE AEROPORTO" station towards "DATEO". Then take the 92 bus from "DATEO" station bus and get off at "P.za Luigi di Savoia". Then walk to the pick up point for the bus transfer to the airport.

Malpensa Airport

Air Hotel Milano Linate (Via Francesco Baracca 2), is easily accessible from the Malpensa Airport via public transport.

The participants that are landing at Malpensa Airport received on email an e-ticket for a bus transfer from the Airport to the center of the city. All the details of the meeting point and schedule of the buses are in there.

Don't forget to print your ticket ahead of the ride!

From the place where the bus will let you, take the 60 or 92 bus and get off at DATEO metro station. Then get the M4 Blue line metro towards "Linate Aeroporto." Alight at "Linate Aeroporto" station, and the hotel is just a short walk away.

A taxi or Uber ride from the Airport to Air Hotel Milano Linate can cost between €70-€120, which we are unable to reimburse, except for participants with special needs and mobility issues (all public transport expenses WILL be reimbursed for all participants).

Air Hotel Linate to Istituto Nazionale dei Tumori

From Hotel to INT use metro line 4 (M4 Blue line): get on station "Linate Aeroporto" and get off at "Argonne station".



Transport expense reimbursement

Please make sure to keep your receipts and invoices: we are only able to reimburse the shuttle service and other public transport expenses after the event if you include copies of your tickets with your reimbursement claim form.

You can find the reimbursement form available on the event page of beatcancer.eu

Istituto Nazionale dei Tumori



Istituto Nazionale dei Tumori (INT) is a specialized cancer research and treatment institute located in Milan, Italy. INT was founded in 1925 and is one of the most important cancer research and treatment centers in Europe.

INT is a multidisciplinary center that offers a wide range of services for cancer patients, including early screening and diagnosis, cancer treatment through surgery, radiation therapy, medical therapy, and immunotherapy, as well as palliative care for patients with advanced cancer.

INT takes an integrated and personalized approach to cancer treatment, based on scientific research and the latest available technologies. INT conducts research activities in the field of cancer, focused on developing new therapies and methods for cancer treatment and prevention.



Our local hosts – Dr. Andrea Ferrari

Pediatric Oncology Unit, Fondazione IRCCS Istituto Nazionale dei Tumori



Dr. Andrea Ferrari was born in Milan, Italy in 1968. He completed the medical degree in 1993 and, later, in 1997, the board on oncology.

He has been working since 1994 at the Pediatric Oncology Unit of the Istituto Nazionale Tumori of Milan. He is the coordinator of the Italian AIEOP (Associazione Italiana di Ematologia e Oncologia Pediatrica) Working Group on Soft Tissue Sarcomas concerning pediatric rare tumors, the chairman of the European Cooperative Study Group for Pediatric Rare Tumors ExPERT, and the co-founder and of the Italian TREP project (Tumori Rari Età Pediatrica – Rare Tumors in Pediatric Age). He is founding member of the Board of the European Pediatric Soft Tissue Sarcoma Study Group (EpSSG), the Principal Coordinator of the EpSSG Scientific Committee on

Non-rhabdomyosarcoma soft tissue sarcomas, and part of the board of the Clinical Research Council (CRC) of SIOP Europe (International Society for Paediatric Oncology).

In the last years, he devoted himself to the special needs of adolescents with cancer. He developed the “Youth Project” in his center and is the Chairman of the Italian Society of Adolescents with Onco-hematological diseases (SIAMO).



Hi, I'm Massimo Guglielmi, Max for friends. I am a proud Italian, born and raised, although depending on the person I look German, Scandinavian or Irish. I am currently attending university in the hope to study nuclear technologies for medicine to improve and cheapen all the machines that are used to scan and cure cancer.

I'm passionate about climbing, food, Neuroscience, and about the hard and deep questions of life. The most important aspect about me is my faith in Christ, which compels me to make the world a better place through Love, and also has helped me endure the sufferful period of my life when I was battling with a stage 4 Lymphoma, from which now I have fully and greatly recovered.



Things to do in Milan

Benvenuto a Milano! Milan is a vibrant and cosmopolitan city in northern Italy that is renowned for its fashion, art, history, and cuisine. Here are some of the most interesting things about Milan:

Fashion: Milan is widely recognized as one of the world's fashion capitals, home to many of the world's leading fashion designers and brands. The city hosts two major fashion weeks each year, during which the latest trends are unveiled on the catwalks.

Art and culture: Milan is home to numerous art galleries, museums, and cultural landmarks, including the iconic Cathedral of Milan (Duomo di Milano), the Sforza Castle, and the famous La Scala Opera House.

Food: Milan is a food lover's paradise, with a rich culinary tradition that includes iconic dishes like risotto alla Milanese, osso buco, and panettone. The city is also home to a bustling street food scene, where visitors can sample a wide variety of local specialties.

Football: Milan is home to two of Italy's most successful football clubs, AC Milan and Inter Milan. The city is a hub for football fans from around the world, with a passionate and dedicated fan base that supports their teams through thick and thin.

Innovation and design: Milan is a hub of innovation and design, home to many of the world's leading design and architecture firms. The city hosts the annual Salone del Mobile, the world's largest furniture and design fair, which attracts designers and buyers from around the globe.



Try local food

A mere tasting of a traditional Milanese dish and you will find yourself in Milano, with its thoughts, moods, character. And with the Milanese, ready to pass on philosophy and culture through their food.

Some aspects of the city's **traditional cuisine**, identified with certain flavors and colors even, have not only resisted the assaults of fashion and the trends of the moment, but have come through even stronger to the present.

The famed **Risotto alla Milanese**, divine and incomparable, with its splendid and inimitable yellow hue, is delicate, sophisticated and indeed deep and intense in taste, as though revealing its own very characteristic Milanese nature.

Then come the dishes that warm you up, “survival” dishes, originally intended for those who needed to stay out in the cold, or work intensely, and had to burn vast amounts of calories. These are **cassoeula**, a casserole with meat and vegetables, **ossobuco**, and even **minestrone**, vegetable-rich and intense in flavor. And of course **gelato**.

Discover Milan

Top places to see (recommended by Massimo):

1. Duomo and surroundings (i.e. Galleria Vittoria Emanuele)
2. Brera and Pinacoteca di Brera
3. Parco Sempione, Castello Sforzesco and Arco della Pace

Duomo di Milano

One of the largest cathedrals in the world – a masterpiece that took over 600 years to complete. Next to the cathedral you can visit **Palazzo Reale di Milano**, an 18th-century palace with impressive staircases, corridors worthy of kings and works of art.



Pinacoteca di Brera

Is located in the Palazzo Brera, home to other cultural institutions such as the Brera Library, the Astronomical Observatory, the Botanical Garden, the Lombard Institute for Science and Art and the Academy of Fine Arts.



Castello Sforzesco

A great medieval-Renaissance fortress with historical museums and works by da Vinci and Michelangelo with **Rondanini Pieta Museum** in the castle complex. In front of Castello Sforzesco you can take a walk in **Sempione Park** and see monumental **Arco della Pace**.



Near Duomo di Milano there's: Galleria Vittorio Emanuele II, Palazzo Reale di Milano, Santuario di San Bernardino alle Ossa. Then by a couple minutes walk there is Castello Sforzesco, Rondanini Pieta Museum, Sempione Park with Arco della Pace, Santa Maria delle Grazie.

- Witness the future of eco-tech at **Bosco Verticale** – the green vertical forest towers.

The forest towers project had gone viral even before it started. Bosco Verticale, meaning Vertical Forest, consists of two residential towers (26 and 18 floors respectively) designed by Boeri Studio, featuring hundreds of trees and shrubs planted all over the edifices to absorb the notorious Milan smog and to produce oxygen. The forest is located quite far from the main tourist area, but you can reach it easily by subway (get off at Garibaldi FS or Isola stations).



- **Piazza Gae Aulenti** is a characteristic square surrounded by modern skyscrapers and shops with fountains and colorful night lighting.
- **Galleria Vittorio Emanuele II** – a shopping center in a glass-covered 19th-century passage with luxury brand boutiques and exclusive restaurants.



- **Santuario di San Bernardino alle Ossa** – a 13th-century Catholic church with an ossuary decorated with frescoes and human skulls and bones.



- Discover the **Navigli antique shops** – Milan's version of Venice is a small quarter with a few canals, a few boats and some floating restaurants. Bustling with bohemian energy, Navigli is known for its flea markets and creative atmosphere. Unlike the city's famous shopping malls and boutiques, which offer the latest crazes, here you can find retro fashion treasures to impress even the strictest hipsters. Stepping inside the antique stores along the Ripa di Porta Ticinese is like entering into a past reality, one where you can find 50-year-old Chanel bags among collections of original clothes from a range of iconic brands.





Weather in Milan

The weather in Milan is expected to be spring weather, which means that the temperature will vary between 10 and 24 degrees. It can be hot and sunny during the day, but it can get cold, breezy, and rainy. Considering that the forecast shows sunny and rainy days, we recommend you prepare for both hot and cold weather.

Currency in Milan

The currency used in Italy is Euro €.

Just to give you an idea:

A cup of coffee = 1-3€

A McMenu Big Mac at McDonalds = 7,80€

A beer at a pub= 4-5€

Organizers contact details

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Thank you for being part of this project! We hope you will have an amazing experience during our first Peer Visit in Milan. If you have any questions, we are here for you!





A presto! 

This peer visit activity is delivered in Task 4.3.5 led by Youth Cancer Europe, a pan-European patient advocacy organisation with a community spanning more than 35 European countries. To learn more, go to youthcancereurope.org or follow us on:

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YOUTH CANCER EUROPE



Pintail



For more information please see the event programme and other details on www.beatcancer.eu



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